

Your loaf schedule

Formula

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Date

STEP

DATE/TIME

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1. REFRESH STARTER

2. MAKE LEAVEN

3. MIX & AUTOLYSE

4. CONTINUE WITH AUTOLYSE
& MIX IN LEAVEN

5. ADD SALT – START BULK
& STRETCH & FOLD

6. END BULK LAST STRETCH
& FOLD. ADD INCLUSIONS

7. SHAPE & BENCH TIME

8. FLOOR TIME (THIS IS ONLY
USED IN RETARDED METHOD)

FINAL PROVE

9. SCORE

10. BAKE